

BEHAVIOR CONTRACT RESOURCE GUIDE

Recommended readings to get started:

Practitioner Articles

Cook, M. N. (2005). The disruptive or ADHD child: What to do when kids won't sit still and be quiet. Focus on *Exceptional Children*, 37, 1-9.

Anderson, J. (2002). Individualized behavior contracts. *Intervention in School and Clinic*, 37(3), 168-172.

Research Articles

Kelley, M. L., & Stokes, T. F. (1982). Contingency contracting with disadvantaged youths: Improving classroom performance. *Journal of Applied Behavior Analysis*, 15(3), 447-454.

Miller, D. L., & Kelley, M. L. (1994). The use of goal setting and contingency contracting for improving children's homework performance. *Journal of Applied Behavior Analysis*, 27, 73-84

For further learning:

Websites

Vanderbilt Kennedy Center

Using Behavior Contracts Brief

<https://vkc.mc.vanderbilt.edu/assets/files/resources/psibehaviorcontracts.pdf>

National Education Association

Behavior Contracts - How to Write Them

<https://www.nea.org/tools/behavior-contracts-how-to-write-them.htm>

Behavior Advisor

The Applied Behavior Analysis Model and Its Interventions: Contracting

<http://www.behavioradvisor.com/Contracts.html>

Books

Cooper, J. O., Heron, T. E., & Heward, W. L. (2007). *Applied behavior analysis* (2nd ed.). Upper . Saddle River, NJ: Pearson Education.

Walker H. M., Ramsey, E. & Gresham, F. M. (2003). *Antisocial behavior in school: Evidence-based strategies* (2nd ed.). Belmont, CA: Wadsworth, Inc.

Miltenberger, R. G. (2007). *Behavior modification: Principles and procedures* (4th ed.). Belmont, CA: Wadsworth/Thomson Learning.

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Referred Journal Articles

Research Articles

Allen, L. J., Howard, V. F., Sweeney, W. J., & McLaughlin, T. F. (1993). Use of contingency contracting to increase on-task behavior with primary students. *Psychological Reports, 72*, 905-906.

DeMartini-Scully, D., Bray, M. A., & Kehle, T. J. (2000). A packaged intervention to reduce disruptive behaviors in general education students. *Psychology in the Schools, 37*, 149-156.

Review Articles

Simonsen, B., Fairbanks, S., Briesch, A., Myers, D., & Sugai, G. (2008). Evidence-based practices in classroom management: Considerations for research to practice. *Education and Treatment of Children, 31*, 351-380.

Murphy, J. J. (1988). Contingency contracting in schools: A review. *Education and Treatment of Children, 11*, 257- 269.

Bowman-Perrott, L., Burke, M. D., de Marin, S., Zhang, N., & Davis, H. (2015). A meta-analysis of single-case research on behavior contracts effects on behavioral and academic outcomes among children and youth. *Behavior modification, 39*(2), 247-269.