

SELF-INSTRUCTION

Directions: Come up with self-instruction statements you could teach students to use in the following situations:

Working on homework:

Frustrated by class work:

What to do when in need of assistance but teacher is helping someone else:

Based on Chapter 6 (see p. 134):

Lane, K. L., Menzies, H., Bruhn, A., & Crnabori, M. (2011). *Managing challenging behaviors in schools: Research-based strategies that work*. New York, NY: Guilford Press.