

SELF-MONITORING: IMPLEMENTATION CHECKLIST

Student: _____

Date: _____

Component	Check when completed	Comments
Step 1: Establish Prerequisite Conditions		
Step 2: Identify and Operationally Define the Behavior of Concern		
Step 3: Design the Self-Monitoring Procedures, including a Monitoring Form		
Step 4: Teach the Student the Self-Monitoring Procedures		
Step 5: Monitor Student Progress <ul style="list-style-type: none"> • Social Validity (Pre) • Collect Student outcome and treatment integrity data • Social Validity (Post) 		
Step 6: Consider Maintenance and Follow-Up		
Comments:		

Adapted from Figure 8.11: Self-monitoring procedural guide (see page 200):

Lane, K. L., Menzies, H., Bruhn, A., & Crnobori, M. (2011). *Managing challenging behaviors in schools: Research-based strategies that work*. New York, NY: Guilford Press.