Where did that come from? Understanding and Managing Acting Out Behavior

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Ci3T | Comprehensive, Integrated, Three-Tiered Model of Prevention

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Agenda

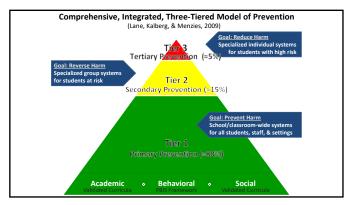
- Welcome & Overview of Ci3T
- A Look at Acting Out Behavior: Timing is Everything!
- Managing Acting Out Behavior: Seven Phases
- Pathways to Success: Understanding Educator-Student Interactions
- Tier 3: Building a De-escalation Plan
- Wrapping up: Resources and Questions

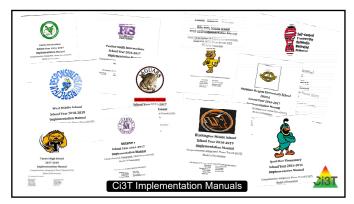


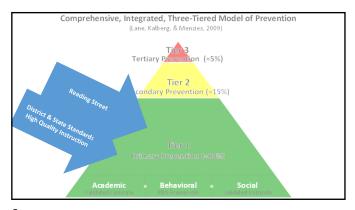
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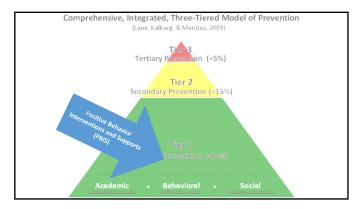
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Welcome & Overview of Ci3T

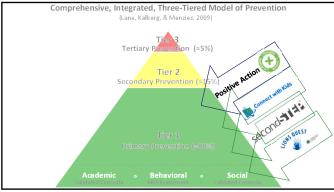


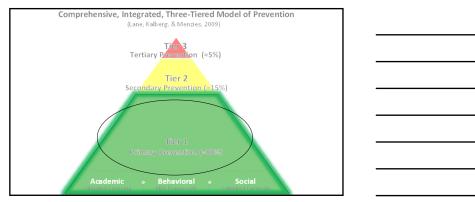


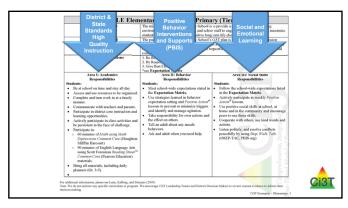


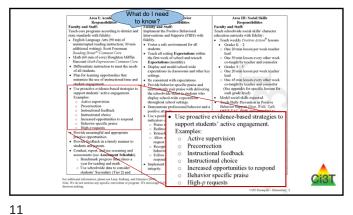


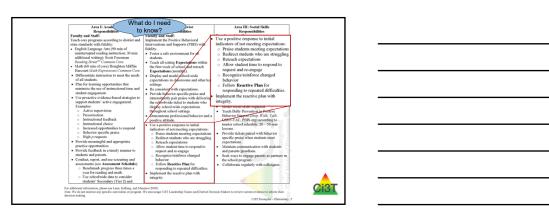


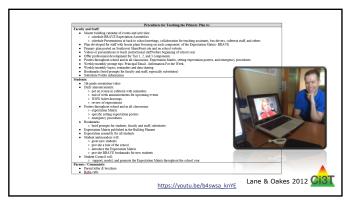


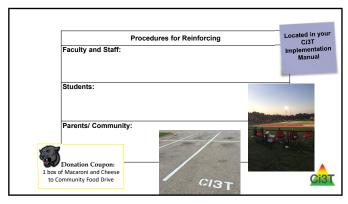


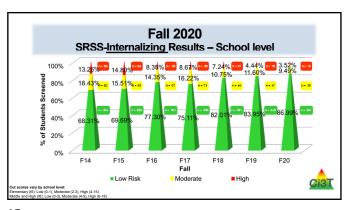


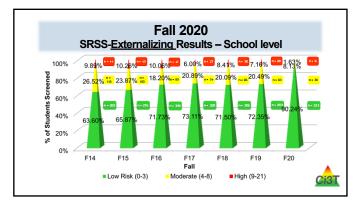


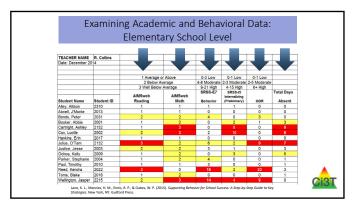












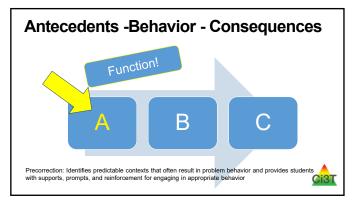


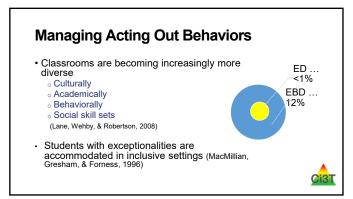
Tier 1 Low Intensity Strategies	Lawrence High School Experts
Behavior Specific Praise: Using specific, appropriate, and confingent praise to provide feedback to a student on his or her behavior or work. Example: "Zice, thank you for adding thorough responses to your assignment today."	BII DAWIL, Administration Barb Williams, Learning Costs/AV/ID Laura Konter, Physical Education Heid Woods, Special Education Heid Woods, Special Education Synkin Tervinn-Masck, Student Services Susse Mices, Egyptal Marten Sarenti, Special Education LLC Cokkard, Special Education LLC Cokkard, Special Education William Patterson, English Description Administration of Control Martine Company Cohert Hughers, Special Education Jeanney Yattics, Special Education Jeanney Yattics, Special Education
Opportunities to Reasonal Creating frequent opportunities for students to respond to leader inquires. Teachers should provide approximately flour to six opportunities to respond per minute. The response can be individual, choral, verbal, written, or indicated through a gesture or symbol.	BID LEWIN, Administration Miles Norse, Administration Sighiat Trevino-Masci, Student Services Sighiat Trevino-Masci, Student Services Maters Santilla, Spoola Education William Patterson, English Miles Ingering, Spoola Education Miles Ingering, Spoola Education Services Administration of Confession (Confession Confession Confessi
Choice and Preferred Activities Offering students the opportunity to choose which instructions activity they would like to complete. This increases on-task behavior and docreases problem behavior.	Berb Williams, Learning CoschWI/O Learn Kotter, Prijoid Education Kottery Best, English Joak Hood, Sould Studies Signish Tevens-Meace, Sudert Services Signish Tevens-Meace, Sudert Services William Telestone, English Milke Phymer, Sporal Education Jeanner's Warties Second Education

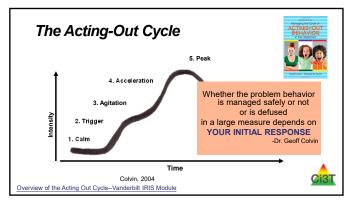


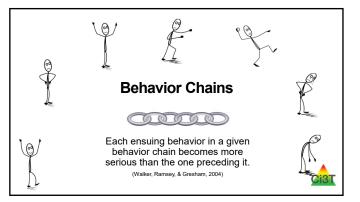
A Look at Acting Out Behavior: Timing is Everything!

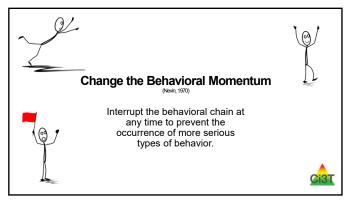
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Stages of the Acting Out Cycle

- Calm
- Triggers
- Agitation
- Acceleration
- Peak
- De-Escalation
- Recovery



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A Look at Tier 1...

- What supports are in place to support students across the three domains
 - Academic
 - _o Behavioral
- Look at the Professional Learning tab on ci3t.org. What low-intensity strategies are currently in place?
- What questions do you have?

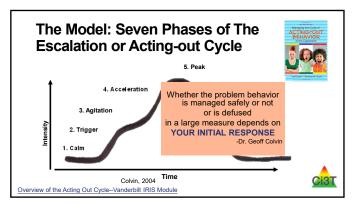
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Managing Acting Out Behavior: Seven Phases

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Calm

Overall behavior is cooperative, compliant, and desirable.



- Academically Engaged
- Following Rules & Expectations
- Responsive to Praise and Feedback
- Initiates Interactions
- Goal Directed Behaviors



in, G., & Scott, T. (2015). Managing the cycle of acting-out behavior in the classroom (2nd Edition). Thousand Oaks, CA: Corwin

Calm Strategies: Intervention is focused on proactive strategies. Focus on instruction and positive behavior support. • Implement the schoolwide Ci3T plan Vary instructional delivery Provide behavior specific praise Implement low-intensity teacher managed strategies (e.g. precorrection, active supervision, providing opportunities to respond) • Carefully plan instruction and implement clear routines and procedures • Attend to the physical environment for potential problem

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Triggers

Overall behavior involve a series of unresolved problems.



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School-Based Triggers

- · Conflicts
- · Changes in Routine
- Peer Provocations
- Pressure
- · Ineffective Problem Solving
- Facing Errors in Instruction
- Facing Correction Procedures
- Denial of Something Needed
- Nonschool-Based Triggers
- · Dysfunctional Home Life
- Health Problems
- · Nutritional Needs
- · Inadequate Sleep
- · Substance Abuse
- Gangs



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Triggers

Strategies:

Intervention is focused on prevention and redirection.

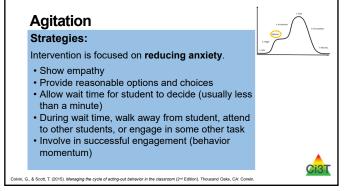
- Identify the situation where the behavior is likely to occur.
- Use precorrection to teach appropriate response.
 Rehearse the expectations, prompt or remind students as needed, provide specific praise and reinforcement.
 Work with all staff and faculty to teach and reinforce
- social skills.

 Group social skills, anger management, community
- Work with families for outside supports of nonschool-based triggers









Acceleration

Overall behavior is teacher-engaging.

- Questioning and Arguing
- Noncompliance and Defiance
 Off-Task Behavior
- Provocation of Others
- Compliance with Accompanying Inappropriate Behaviors
- Criterion Problems
- Whining and Crying
- Avoidance and EscapeThreats, Intimidation
- Destruction of Property
- Verbal Abuse

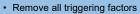


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Acceleration

Strategies:

Intervention is focused on safety.



- Avoid escalating prompts
- Maintain calmness, respect and detachment
- · Approach the student in a nonthreatening manner
- · Utilize non-confrontational limit-setting procedures



olvin, G., & Scott, T. (2015). Managing the cycle of acting-out behavior in the classroom (2nd Edition). Thousand Oaks, CA: Corwin

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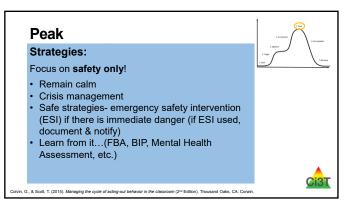
Peak

Overall behavior is out of control.

- Serious Destruction of Property
- Self-Abuse
- Severe Tantrums
- Hyperventilation
- Running Away/Elopement



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De-Escalation

Overall behavior displays confusion



- Reconciliation
- Withdrawal
- Denial
- Blaming Others
- Responsiveness to Directions
- Responsive to Manipulative or Mechanical Tasks
- Avoidance of Discussion
- Avoidance of Debriefing

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De-Escalation Strategies: Intervention is focused on monitoring for reescalation of behavior. • Monitor for health/safety of all involved • Avoid blaming- provide opportunity for non-judgmental discussion • Allow cool-down time and space • Engage in independent work- provide easy/concrete tasks

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Recovery

Overall behaviors show eagerness for busy work and reluctance to interact or discuss.



- Eagerness for Independent Work or Activity
- Subdued Behavior in Group Work
- Subdued Behavior in Class Discussions
- Defensive Behavior
- · Avoidance of Debriefing



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Recovery

Strategies:

Intervention focuses on returning to normal activities.



- Follow through with consequences-but do not disrupt flow of instruction.
- Positively reinforce any displays of appropriate behavior
- Debrief/rehearse problem solving routine



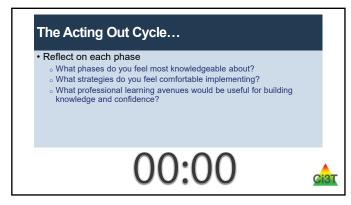
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Debriefing Session

- Facilitates transition back to task/activity... not further negative consequence.
- 2. Goal is to increase appropriate behavior
- 3. Focus on problem solving
- 4. Pinpoint events that contributed to the incident
- 5. Teach replacement behaviors
- 6. Debriefing activities and forms





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Pathways to Success: Understanding Educator-Student Interactions

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Defusing Off-Task Behavior 1. Assess the situation: determine "commergency situation? If so, follow defusing steps). 2. Maintain the flow of instruction. 3. Recognize on-task students, make 4. Redirect (focus on task, brief lang procedures for asking for help). 5. Praise compliance.

Four Key Strategies

- Take an instructional approach to behavior school wide.
- 2. Intervene early in the acting out cycle.



- Learn strategies to intervene at each stage in the acting out cycle.
- 4. Be respectful at all times.

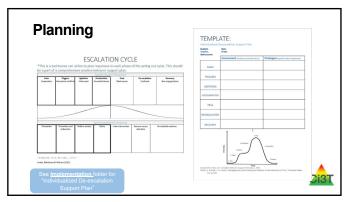


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Tier 3: Building a Deescalation Plan

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Support	Description	School-wide Data: Entry Criteria	Data to Monitor Progress	Exit Criteria
Individualized De-escalation Plan	Ongoing strategy involving identifying specific student characteristics for each phase of the Descadation cycles and implementing appropriate and evidence-based adult responses to managing student acting out behavior.	One or more of the following: Behavior: SKSS-E7: High (9-21) Office discipline referrals (ODRs) 6 or more within a grading period		SRSS-E7 score: Low (0-3) Observation data demonstrate behavior is consistently within expected level (per goal; three consecutive data points) – then transition to maintenance plan and monitor behavior during transition.

Individual De-escalation Support Plan...

- Visit the Professional Learning tab on ci3t.org and explore resources available for the "Tier 3: Individual De-Escalation Support Plan for Managing the Action Out Cycle"

 Do you have this in place as a Tier 3 intervention?
 How might this be useful for the work you do?

o What questions do you have?

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Wrapping up: Resources and Questions

Resources

- Addressing Disruptive and Noncompliant Behaviors: Understanding the Acting-Out Cycle with Dr. Kathleen Lane: http://iris.peabody.vanderbilt.edu/module/bi1/
- PBIS Missouri Classroom Management Modules: http://pbismissouri.org/educators/effective-class-practice
- $\bullet \ \ \text{Midwest Symposium for Leadership in Behavior Disorders:} \ \underline{\text{www.mslbd.org}}$
- Association for Positive Behavior Support: <u>www.apbs.org</u>
- Dr. Geoff Colvin's Behavior Associates: http://www.behaviorassociates.org/
- Building and Sustaining Student Engagement Project: (strategy briefs) http://k12engagement.unl.edu/







DEFUSING DISRUPTIVE BEHAVIOR

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